

This agreement outlines the terms and conditions for therapy sessions. Please read carefully.

1. Session Fees & Duration

- Fee per session: £45 (concessions offered for students)
 - Session length: 50 minutes
 - Payment methods: Bank transfer or cash. Payment details will be provided separately prior to sessions
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2. Cancellation & Rescheduling

- Please give at least **48 hours' notice** for cancellations or rescheduling.
 - Late cancellations or missed sessions: **full session fee applies.**
 - Payment is due before or at the time of the session
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3. Confidentiality

- All sessions are **strictly confidential.**
 - Exceptions to confidentiality include - Risk of serious harm to self or others
 - Records are kept securely and **used only for clinical purposes.**
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4. Remote / Online Sessions

- You are responsible for ensuring privacy in your location during online sessions.
 - There is a small, unavoidable risk of data breach when using digital platforms.
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5. Termination

- Either party may terminate therapy with notice.
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6. Agreement

By signing below, you acknowledge that you have read, understood, and agree to these terms.

Client Name: _____

Client Signature: _____

Date: _____